

Behavioral health program created with gift from The Meadows Foundation

A GIFT FROM THE MEADOWS FOUNDATION has created the Acute Mental Health Services (AIMS) Program to meet the needs of patients with complex behavioral health and medical needs who are at risk of poor outcomes. National studies have shown that patients with behavioral health issues die on average 25 years younger than the average population, with the majority of deaths caused by chronic illnesses such as diabetes and cardiovascular disease.

Through the AIMS program, Audrey Gressett received supportive psychotherapy to help with her depression while she also learned how to eat better, dropping her blood sugar to a manageable level. After her AIMS social worker learned she likes to swim, she received a swimsuit and passes to swim in the pool at the Baylor Institute for Rehabilitation that is located near her home.

"Swimming helps with my depression, it relaxes me," said Audrey. "I don't think about my problems when I'm swimming."



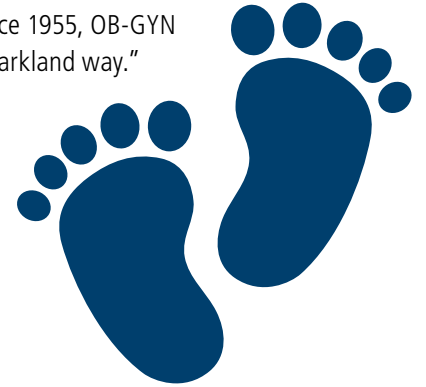
Harold Simmons Foundation gift takes OB-GYN research, care to next level

A GIFT TO PARKLAND AND UT SOUTHWESTERN FROM THE HAROLD SIMMONS FOUNDATION will support important obstetrics and gynecologic health outcomes research to improve birth outcomes for babies and medical outcomes for women locally, nationally and internationally.

The OB-GYN program at Parkland and UT Southwestern is largely responsible for how obstetrics and gynecology is taught and practiced. Around the world, babies are delivered and medical care is provided to women based on the program's research and clinical practices. Since 1955, OB-GYN evidence-based medicine is known as the "Parkland way."

The gift will take the evidence-based care model to the next level by allowing the program to:

- pursue new research ideas,
- recruit new clinical scholars, and
- attract fellows who are passionate about fetal and maternal medicine.



Donations help provide breast health services

SUSAN G. KOMEN® DALLAS COUNTY and the BREAST CANCER CAN STICK IT! FOUNDATION are making a difference in the lives of breast health patients through their recent gifts.

Two grants from Susan G. Komen® Dallas County will provide screening mammograms to uninsured or underinsured women, diagnostic procedures to catch cancer earlier, and taxi vouchers to help patients get to appointments.

"Community partners like Parkland are critical to helping us fulfill our vision for every person in Dallas County to have access to breast health education and breast cancer screening, treatment and support," said Nicole Metcalf, executive director, Susan G. Komen® Dallas County.

A gift from the Breast Cancer Can Stick It! Foundation comes from a special place in the heart of its founder, April Samuels. During her treatment for breast cancer, April met Dahlia Garcia and the two became friends. Dahlia donated generously to

Breast Cancer Can Stick It! before she passed away in 2015.

Given in memory of Dahlia, the donation will provide financial assistance to underserved and underinsured patients diagnosed with breast cancer.

